



## MY energy action List

I am aiming to:

.....  
(eg. cut my electric and gas bills by 20%)

By taking steps to:

.....

.....

.....

(eg. turn off standby power, set my water heater,  
set my airconditioner to the optimal temperature)

Why I want to take this action:

.....  
.....

(eg. to reduce my greenhouse gas emissions)

I will achieve this by: .....(date)

**“be the change we wish to see in the world.” Mahatma Gandhi**



Department of Environment and Conservation  
Department for Planning and Infrastructure



## TAKING ACTION

Trying something new (like actively turning off stand by power every night) can take a bit of research, planning and motivation. But once you've done it a couple of times you are likely to find it easy and may want to make more changes.

To get started, use this Living Smart Action Card to:

- **List** the new action you want to try.
- Write down the **steps** you need to get you started.
- Highlight the **benefits** of taking the Living Smart option.
- Set a **start date** for the action.

**TIP** This action card is coated so that you can use a whiteboard marker to regularly update your Living Smart actions and gain more benefits for you, your budget and the environment. Clip it to the fridge and record your savings.

## Why take Energy Actions?

Electricity and Gas use is a big share of the household budget and of the greenhouse gas we produce in the home. We use electricity and gas to make our homes more comfortable, but often we are wasting energy by using air conditioners or heaters to balance out simple inefficiencies in home design.

By using curtains and shade and breezes we can naturally heat and cool our homes for comfort. Also, by turning things off we can save power that is being used 24 hours a day (any appliance with a remote control is using stand by power unless it's off at the main switch or the wall).