



MY travelsmart action List

I AM AIMING TO:

.....

(eg. use the car for one less trip each week)

By taking steps to:

.....

.....

.....

(e.g. Walk to visit friends, Buy a SmartRider card)

Why I want to take this action:

.....

.....

(eg. to walk more and improve my health)

I will achieve this by:(date)

“A dream is just a dream. A goal is a dream with a plan and a deadline.”

HARVEY MACKAY





TAKING ACTION

Trying something new (like leaving the car at home for a regular trip) can take a bit of research, planning and motivation. But once you've done it a couple of times you are likely to find it easy and may want to make more changes.

To get started, use this Living Smart Action Card to:

- **List** the new action you want to try.
- Write down the **steps** you need to get you started.
- Highlight the **benefits** of taking the Living Smart option.
- Set a **start date** for the action.

TIP: This action card is coated, so that you can use a whiteboard marker to regularly update your Living Smart actions and gain more benefits for you, your budget and the environment. Clip it to the fridge and record your savings.

Why TravelSmart?

Travel by car represents a big share of the household budget and of the greenhouse gas we release.

A car is often essential for longer trips, carrying heavy loads of shopping or to get home late at night – but research shows that most Western Australians make around six car trips each week that are to places close enough to walk or to destinations with convenient public transport.

By changing just one or two car trips to an alternative each week you can make a big difference to climate change and save hundreds of dollars over the year.