

TravelSmart Bike Fleet

Department of Sport and Recreation
November 2008



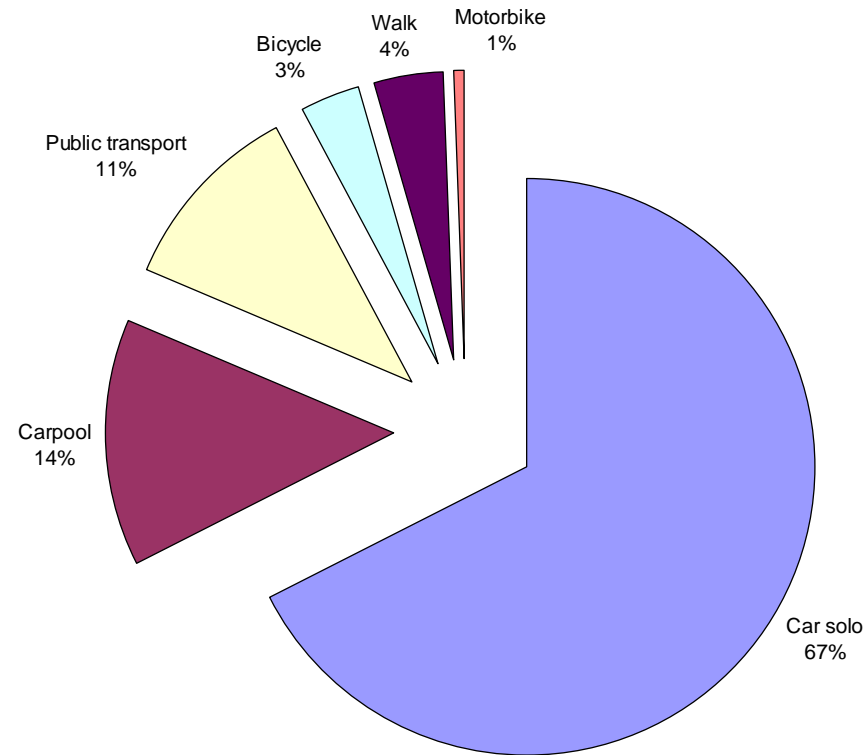
Department of
Sport and Recreation



How it started

- *DSR joined the TravelSmart workplace program in 2008*
- *Conducted the travel survey*
- *Held an all of staff workshop*
- *Developed an action plan*

Travel Behaviours



Reasons for driving

- *Fastest option*
- *No alternative*
- *Free parking is provided*
- *Convenience and privacy of car*
- *Most economical use of time*



Distance

- *The average commuting distance is 10.2km*
- *The average business trips is 10.7km*



One solution

- *DSR purchased a fleet of 5 bicycles for employees to use for both work and recreational purposes*
- *Purchased as part of the Corporate Health & Wellbeing Program and the TravelSmart initiative to be a leader and model “best practice” as well as provide a sustainable, environmentally friendly mode of transport - Bicycling*



Background continued

- *Cycling is known for its physical and mental benefits and provides an excellent platform for a healthy active workforce*
- *Participation for all, elite and amateur, is encouraged and supported by the DSR's Corporate Health & Wellbeing Program Policy*



Uses of Bicycles

- *Commute to and from work*
- *Travel to and from business meetings*
- *DSR Corporate Health & Wellbeing program*
- *Casual recreational purposes e.g. riding at lunch times (for fitness and pleasure)*



How we set it up

- *Surveyed current travel behaviours*
- *Workshopped ideas and solutions*
- *Reviewed policies of other organisations*
- *Gained management support and approval*
- *Launched the bikes at an all of staff meeting followed by a bike safety workshop*

Ride to Work Day





Conditions of Use

ALL DSR staff must:

- *Read and sign DSR Bicycle Procedures document*
- *Complete the Health Appraisal Form and be checked by the CHWP Coordinator*
- *Sign the Bicycle Register*
- *Attend a bicycle safety and awareness workshop*

General Information

- *Bicycles have been used by both males and females*
- *Bicycles are all equipped with safety and maintenance equipment*
- *Barriers to using bicycles - weather, distance and suitability (clothing, hair, footwear etc)*



3 month review Aug-Oct 2008



- *On a daily basis at least 2 bicycles are booked*
- *Most use is currently for commuting to and from work*
- *Each Wednesday 2 bicycles are used for fitness circuit training - using a magnetic resistance trainer*



Future Directions

- *Review usage in 3 months time - report findings*
- *Purchase more bicycles for DSR staff, metro & regions*
- *Include in regular Corporate Health & Wellbeing Program (i.e. weekly bicycle group)*
- *Assist other government departments and agencies in developing similar initiative*

Join in the fun - get biking!



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