



## Dear Friend of Walking,

Welcome to our first newsletter!

### Walk Week – Walk There Today

We are currently planning the 2009 week of walking activities held across the state involving workplaces, schools and communities. [Walk Week 2008](#) was a great success with over 40,000 West Australians participating in state wide walking events. This included 170 schools who participated in Schools Walk There Today on the morning of Wednesday 5th November 2008.

### Walk Week 2008 Seminar presentations

The Department for Planning and Infrastructure has hosted a number of seminars during Walk Week since 2001. [View the presentation papers from 2008 and previous years.](#)

### Walk Safely to School Day

As part of the national Walk Safely to School Day on the 15th May 2009, the Department for Planning and Infrastructure is offering schools a display kit including information and free giveaways for parents, teachers and students. To register for a display kit please fill in the [online form](#) by the 1st May 2009.



### Survey of Walking attitudes and behaviour of Perth residents

In 2008, the Department of Planning and Infrastructure's Walking Unit commissioned the Health Promotion Evaluation Unit at Edith Cowan University to conduct a study to monitor walking related attitudes, behaviour and motivations amongst Perth residents.

[A summary of the results is now available.](#)

Regards,

#### Walking Team

Department for Planning and Infrastructure

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#### Some useful walking links:

- [Walk There Today Sponsorship Program](#)
- [Walking Guide Book](#)